



1-hour workshops  
for PN-K3 students

4-day programmes  
for P1-P4 students



### FEELINGS

By learning about feelings, students deepen their understanding of themselves and enhance their interpersonal skills.

thankful

frustrated

confident

J E M S CHARACTER ACADEMY

J E M S CHARACTER ACADEMY x BIG BANG ACADEMY

## USING STEM TO UNDERSTAND EMOTIONS

Hands-on STEM experiments as analogies to learn essential emotional identification and regulation skills.

### CHARACTER THROUGH SCIENCE

Using hands-on STEM experiments as analogies, students learn about important life lessons such as how to manage anger, find friends and show acceptance.

- Volcano Experiment (Anger Management)
- Colour Experiment (Making Friends)
- Water Cycle Experiment (Acceptance)

### FABLES

There is power in storytelling. Children are introduced to fables and learn character through some of the classics.

### VIRTUES

Children set out on a safari camp to explore animals of good character and how they can apply the character virtues in their daily lives

### ROLE MODELS

Positive role models inspire and encourage the building of character. Students learn about the life stories of historical and modern role models.

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## Balanced Excellence: Perfection & Self-Kindness

Getting stressed out and losing mental well-being in the pursuit of perfection? Find out how to find a balance.

\$1500 for 3 / \$2250 for 5 / \$2800 for 7

\$3500 for 4-day programme

### Schedule:

	Wed 20 Dec	Thur 21 Dec	Fri 22nd Dec	Sat 23rd Dec
9-10am	(1) Fables: Jealousy	(1) Feelings: Thankful	(1) Role Models: Persistence	(1) Science: Anger
10:15-11:15am	(2) Virtues: Brave	(2) Fables: Focus	(2) Science: Teamwork	(2) Virtues: Self-controlled
11:30am-12:30pm	(3) Science: Friendship	(3) Role Models: Courage	(3) Feelings: Confident	(3) Role Models: Hard-working
2-3pm	(4) Role Models: Perseverance	(4) Science: Friendship	(4) Virtues: Teamwork	(4) Fables: Honesty
3:15-4:15pm	(5) Science: Anger Management	(5) Virtues: Manners	(5) Fables: Honesty	(5) Science: Resilience
4:30-5:30pm	(6) Feelings: Frustrated	(6) Fables: Friendship	(6) Science: Acceptance	(6) Feelings: Frustrated
	Wed 27th Dec	Thurs 28th Dec	Fri 29th Dec	Sat 30th Dec
9-10am	(1) Virtues: Teamwork	(1) Role Models: Perseverance	(1) Fables: Friendship	(1) Science: Teamwork
10:15-11:15am	(2) Feelings: Frustrated	(2) Science: Acceptance	(2) Virtues: Manners	(2) Feelings: Confident
11:30am-12:30pm	(3) Fables: Honesty	(3) Role Models: Persistence	(3) Feelings: Frustrated	(3) Role Models: Courage
2-3pm	(4) Role Models: Persistence	(4) Virtues: Brave	(4) Science: Anger	(4) Fables: Jealousy
3:15-4:15pm	(5) Science: Acceptance	(5) Feelings: Confident	(5) Feelings: Thankful	(5) Virtues: Self-controlled
4:30-5:30pm	(6) Fables: Focus	(6) Science: Teamwork	(6) Role Models: Hard-working	(6) Science: Friendship

### Schedule:

	20th - 23rd Dec (Wed-Sat)
9:30am - 12pm	Using STEM to Understand Emotions
2:00 - 4:30pm	Balanced Excellence: Perfection & Self-Kindness
	27th to 30th Dec (Wed-Sat)
9:30am - 12pm	Balanced Excellence: Perfection & Self-Kindness
2:00 - 4:30pm	Using STEM to Understand Emotions



Early bird 10% off before 22 Nov  
Enroll [here](#)

